

Patient Name _____ DOB _____

FAMILY HISTORY

Illness	Relative	Age onset	Illness	Relative	Age onset
Y N Breast Cancer	_____	_____	Y N Ovarian Cancer	_____	_____
Y N Colon Cancer	_____	_____	Y N Other Cancer	_____	_____
Y N Heart Disease	_____	_____	Y N Hypertension	_____	_____
Y N Depression/Anxiety	_____	_____	Y N Stroke	_____	_____
Y N Thyroid Disease	_____	_____	Y N Osteoporosis	_____	_____
Y N Bleeding Disorders	_____	_____	Y N Mental Retardation	_____	_____
Y N Birth Defects	_____	_____	Y N Genetic Disease	_____	_____
Y N Diabetes	_____	_____	Y N Other	_____	_____

SOCIAL HISTORY

Tobacco Use Y N How Much _____ Number of Years _____
Alcohol Use Y N How Much _____
Recreational Drug Use Y N How Much _____ Number of Years _____
Calcium Intake Y N Calcium Supplement Y N _____
Caffeine Intake Y N How Much _____
Exercise Y N How often _____ Type _____

MEDICATIONS (INCLUDING OVER THE COUNTER)

Medication	Medication	Medication
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

See Attached List _____

MENSTRUAL HISTORY

Age at first menstrual period _____
Cycle length _____ Flow length _____
Menstrual flow – Light _____ Moderate _____ Heavy _____

If you have stopped having menstrual periods, at what age did you have your last one _____

Date Updated and Reviewed _____

Patient Name _____
Date of Birth _____
Referred By _____

Date _____
Primary Care Physician _____
Physician Address _____
Specialists _____

ALLERGIES (REACTIONS) _____ (_____) _____ (_____) _____ (_____) _____ (_____) _____ (_____)

PERSONAL MEDICAL HISTORY:

Y N	Heart Disease	Y N	Hypertension	Y N	High Cholesterol
Y N	Stroke	Y N	Bleeding Disorders	Y N	Mitral Valve Prolapse
Y N	Asthma	Y N	Thyroid Disease	Y N	HIV
Y N	Osteopenia	Y N	Osteoporosis	Y N	Joint Replacement
Y N	Diabetes	Y N	Anxiety	Y N	Depression
Y N	GERD	Y N	Peptic Ulcer Disease	Y N	Migraines
Y N	Cancer	Y N	Seizures	Y N	STD Exposure

Other _____

GENETIC TESTING:

Y N BRCA Who was tested _____ Discussed _____
Results _____

Y N Multi-Gene Who was tested _____ Discussed _____
Results _____

FAMILY PLANNING: _____

OPERATIONS/HOSPITALIZATIONS:

Date	Procedure	Physician
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

OBSTETRICAL HISTORY:

Date	Type of Delivery (Complications)	Physician
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

DEXA scan Y N Date/Where _____
Colonoscopy Y N Date/Where _____
Gardasil Vaccine Y N Date/Where _____

Date Updated and Reviewed _____