

PARENT HANDOUT:

NEWBORN NURSERY NECESSITIES

Unsure of what to buy for your new baby?

Here's a list of essentials (and a few extras) for every newborn nursery.

Clothing

2 hats, 1 baby bunting, 6-8 outfits, 6 one piece undershirts, a sweater or jacket, socks and booties, 6 sleepers and 6 bibs.

Baby Blankets

2-3 blankets to keep baby warm and change baby on when you're away from home.

Diapering Supplies

Diaper bag, lots of diapers and baby wipes! You'll go through a dozen diapers a day for the first few weeks. Keep a diaper rash ointment with zinc oxide, such as JOHNSON'S Diaper Rash Ointment, on hand to help prevent and treat diaper rash.

Equipment

Monitor, baby carrier, bouncy seat, swing, stroller, high chair, play yard, mobile, infant toys (you may not need all of these)

Bathing Supplies

A plastic bath tub, washcloth, mild, hypoallergenic liquid baby wash (such as JOHNSON'S Head to Toe Baby Wash) and a baby lotion to help replenish lost moisture and keep baby's skin soft and smooth.

Medicine Cabinet Necessities

- Rectal thermometer – Ear thermometers are generally less reliable for babies six months or younger. Be sure to tell your health care provider how you took the temperature. Rectal thermometers are generally 1 degree warmer than oral or tympanic measurements.
- Fever reducer – Infants' TYLENOL Drops are the #1 Pediatrician recommended pain and fever reliever. Use only as directed.
- Infant Gas Reliever – Infants' MYLICON Drops are the #1 Pediatrician recommended antigas remedy.
- Rehydration Solution – Pedialyte replaces lost fluids and nutrients helping to prevent dehydration caused by vomiting and diarrhea .
- Nasal aspirator and saline nose drops – To help relieve baby's stuffy nose.
- Baby nail clippers or scissors.

